

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
8 to 9							
9 to 10							
10 to 11							
11 to 12							
12 to 1							
1 to 2							
2 to 3							
3 to 4							
4 to 5							
5 to 6							
6 to 7							
7 to 8							
8 to 9							
9 to 10							
10 to 11							
11 to 12							
Sleep							
Totals							

Total hours committed (including sleep hours) = _____ hours _____ A

Study Planner

Course name	Hrs per week
Total study time required per week	= _____ hours

_____ B

Committed Hours + Study Hours (A+B) = _____ hours _____ C

Unallocated time (168 hours - C) = _____ hours _____ D